

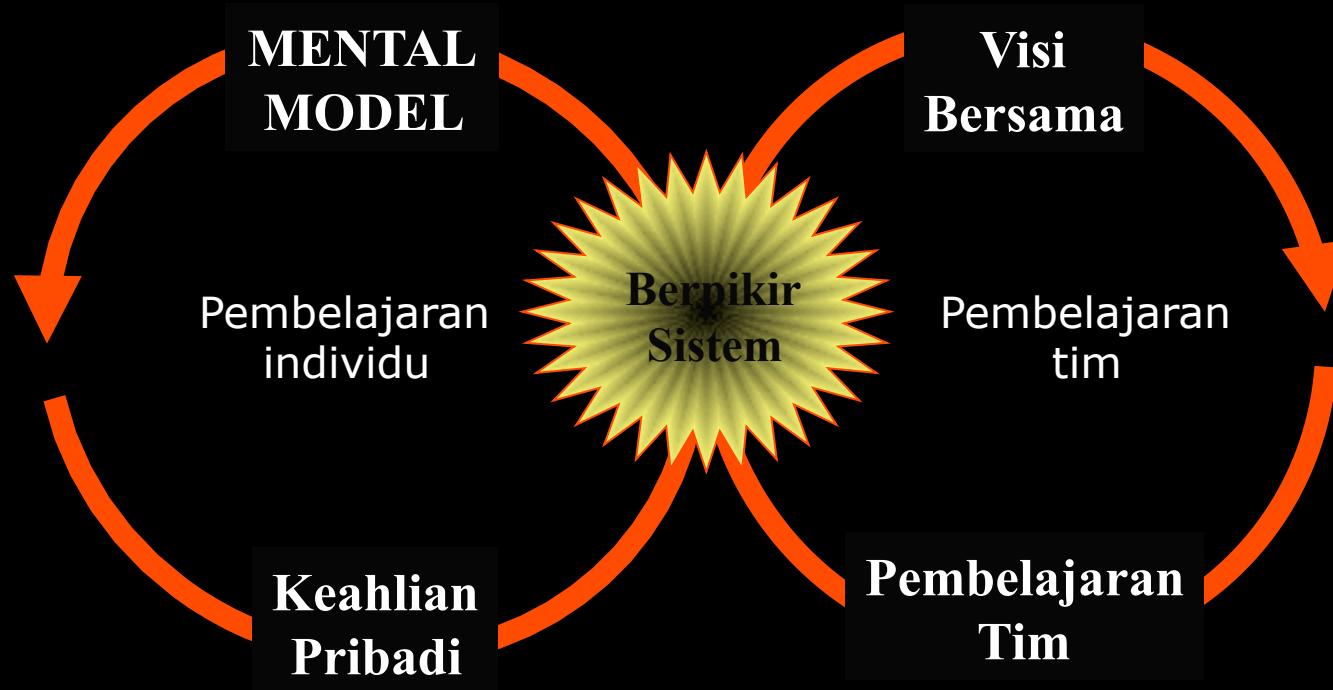
# Berpikir Sistem



# Motto

- ❑ Tidak ada salah dalam
  - bertanya,
  - berkomentar,
  - dalam berargumen
- ❑ Yang salah adalah kalau
  - tidak bertanya,
  - tidak berkomentar
  - tidak berargumen
- ❑ Silahkan tanya apa saja
  - Belum tentu saya bisa menjawab. Inilah diskusi kita

# Learning through the fifth discipline



Tema Sistem

**STRUCTURE**

*Influences*

**BEHAVIOR**

# Mengapa?

- Mengapa Orang Indonesia di Singapura menjadi disiplin? Mengapa orang Singapura di Batam spt kuda lepas kendali?
- Mengapa penyakit diare/ispa/DHF tetap ada?
- Mengapa Biaya Pelayanan Kesehatan meningkat cepat dibanding inflasi?
- Mengapa korupsi, meskipun ada KPK, tetap merajalela?
- Mengapa.....

# Melihat seluruh persoalan



# Melihat seluruh sistem



# Organizational Systems

- All human organizations function as systems:
  - Households and communities
  - Non-profit organizations
  - Commercial organizations
  - Bureaucracies, etc., etc.
- These organizations are often characterized by recurring symptoms of dysfunction that Senge has identified as “Laws of the Fifth Discipline”

# “The Laws of the Fifth Discipline”

## Senge, Chapter 4

1. Today's problems come from yesterday's solutions.  
*E.g. medical specialty education*
2. The harder you push, the harder the system pushes you back.  
*E.g. coercive family planning in China*

3. Behavior grows better before it gets worse.

*E.g. project success but program failure*

# “The Laws of the Fifth Discipline”

## Senge, Chapter 4

4. The easy way out usually leads back in.

*E.g. cash incentive schemes*

5. The cure can be worse than the disease (shifting the burden).

*E.g. welfare programs or donor dependency*

6. Faster is slower.

*E.g. Over ambitious bureaucrats*

# “The Laws of the Fifth Discipline”

## Senge, Chapter 4

7. Cause and effect are not closely related in time and space.

*E.g. Educating women for development*

8. Small changes can produce big results - but the areas of highest leverage are often the least obvious.

*E.g. Removing medical barriers to contraceptive access*

# “The Laws of the Fifth Discipline”

Senge, Chapter 4

9. You can have your cake and eat it too - but not at once.

*E.g. Improving service quality is cost effective*

10. Dividing an elephant in half does not produce two small elephants.

*E.g. Helping mothers to plan their families but not their pregnancies*

# Hukum Disiplin Kelima

## 11. *There is no Blame !!*

- Jika kita berpikir sistem, maka **tidak ada orang luar**
- **Anda** dan **masalah anda** adalah bagian dari sistem itu (Peter Senge, The Fifth Discipline, p. 67)
- Contoh:
  - Anda dan global warming
  - Merokok adalah hak pribadi ?

# Systems Thinking

- The “Fifth Discipline” - a discipline for seeing things whole.
- “Systems thinking is a ... body of knowledge and tools that has been developed ... to make full patterns clearer and to help us see how to change them effectively.”

Peter Senge: *The Fifth Discipline*, p7

# Systems Thinking

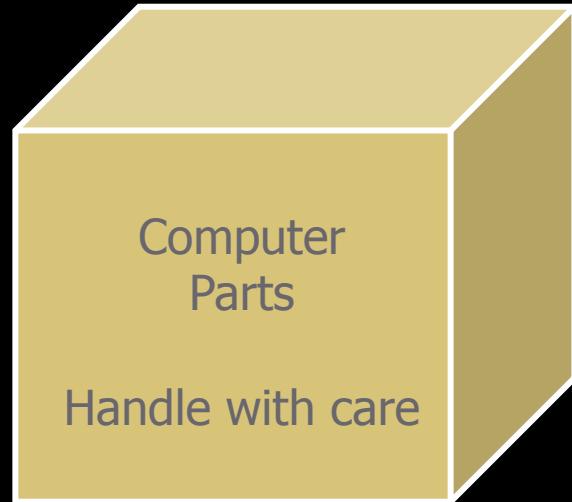
Systems *thinking*:

- looks at the whole,
- and the parts,
- and *the connections between the parts*
- studying the whole in order to understand the parts

# Non-Systems Thinking

- ▣ *Reductionism*, which is the usual scientific (technical, managerial) approach, looks at the parts in order to try to understand the whole.

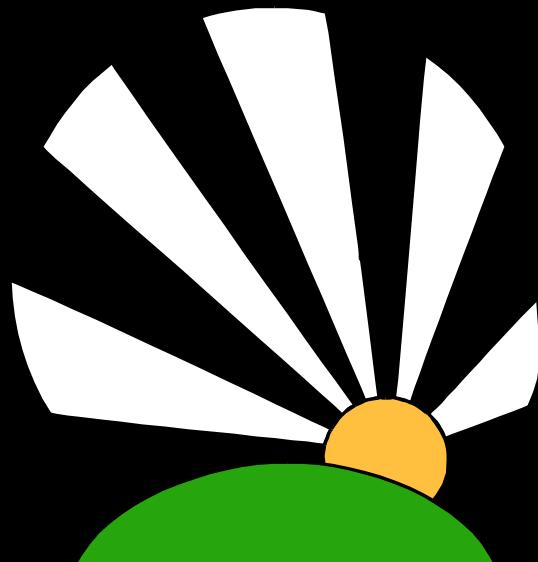
# Which is a System, and Why?



***Connections and feedback are key!***

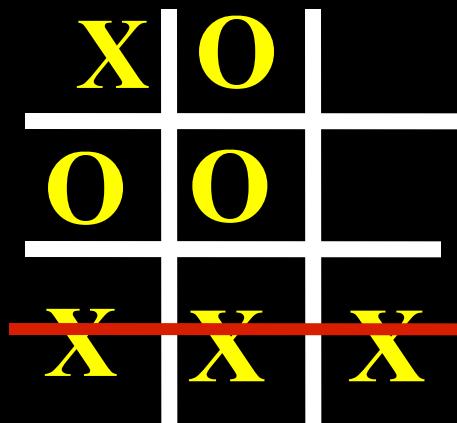
**But what parts and connections are still missing from this picture?**

# MENGUBAH CARA BERPIKIR



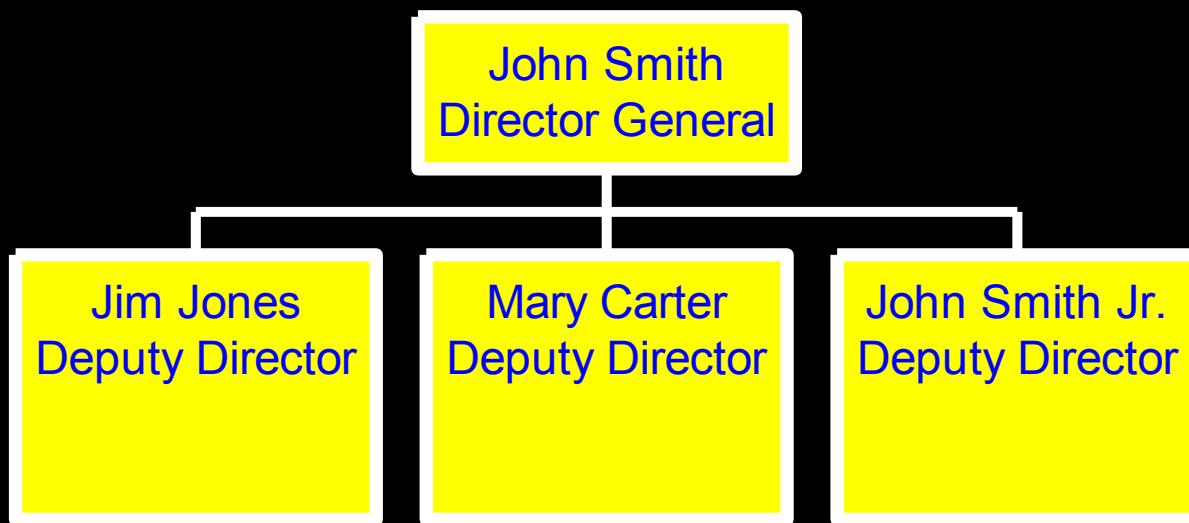
# System Complexity

# DYNAMIC



# System Complexity

# DYNAMIC

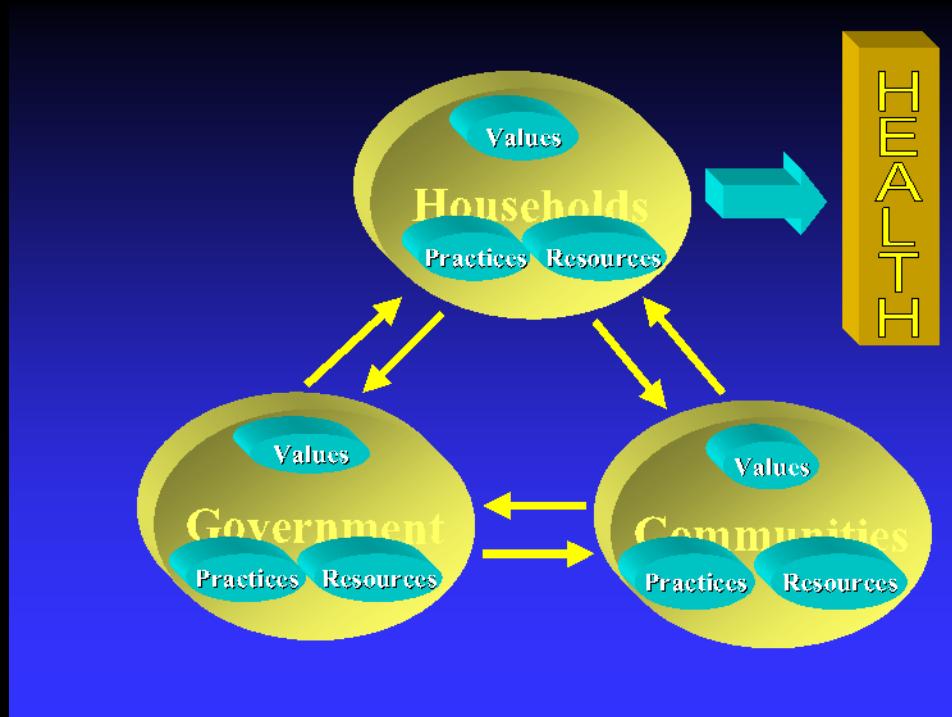


# System Complexity

- ❑ A human organization has dynamic complexity because shifting one relationship not only affects all other relationships, but also because the character of individuals may change as well.
- ❑ This can affect morale, an emergent property of the organization.

# System Complexity

# DYNAMIC



# System Complexity

# DYNAMIC

- Some important features:
  - Very complex systems are often very stable and resistant to change - *IS THIS GOOD OR BAD?*
  - When changes do occur, however these can often be very sudden and dramatic

# System Complexity

# DYNAMIC

- Some important features: (continued)
  - Change may be easy if you know where to intervene,  
i.e., to apply *leverage*

# System Complexity

# DYNAMIC

- ❑ Some important features: (continued)
  - In human organizations, often the best leverage points are the mental models supporting the system.

# Reflect, Discuss, Synthesize

- ❑ Mental Models Supporting Social Systems:
  - Household - Men should make all the decisions in the family; women's main roles in life are obedience, childbearing and child rearing
  - Organizational - Doctors should make all the decisions in the health care system; the role of others is to comply and implement these decisions.
- ❑ What might be some strategies to promote (leverage) health? Will these require material or non-material interventions?

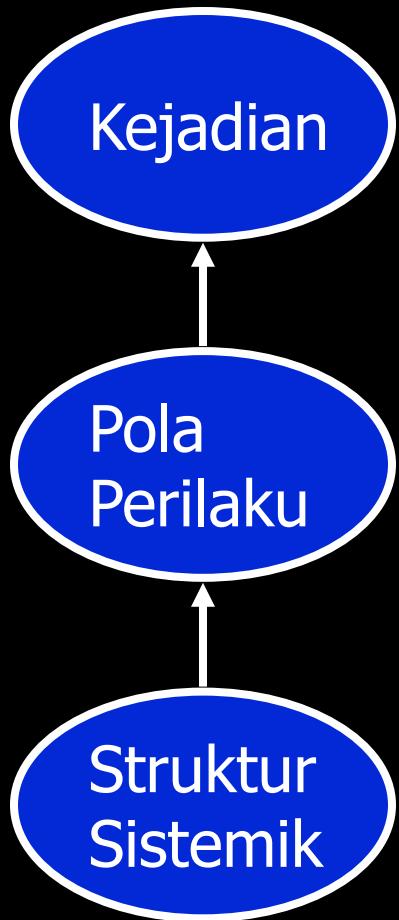
# Bagaimana melawan sistem?

The World will not evolve past its current state of crisis by using the same thinking that created the situation."

Albert Einstein

Do you understand his words?

# Lihat Struktur, Bukan Perilaku

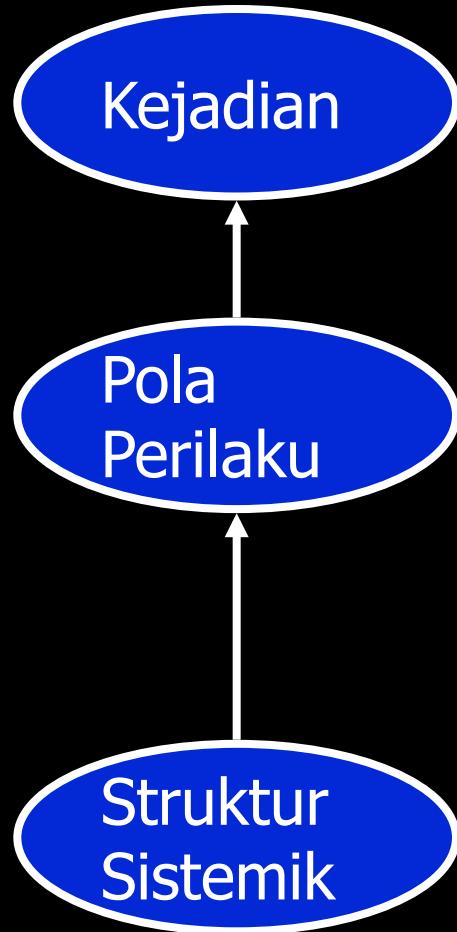


**Reaktif –perilaku:** Siapa melakukan apa kepada siapa dan mengapa?

**Responsif – Perilaku jangka panjang:** apa pola dari kejadian itu dalam jangka panjang ?

**Generatif – Melihat struktur sistemik:** apa penyebab dasar dari pola dan kecenderungan itu?

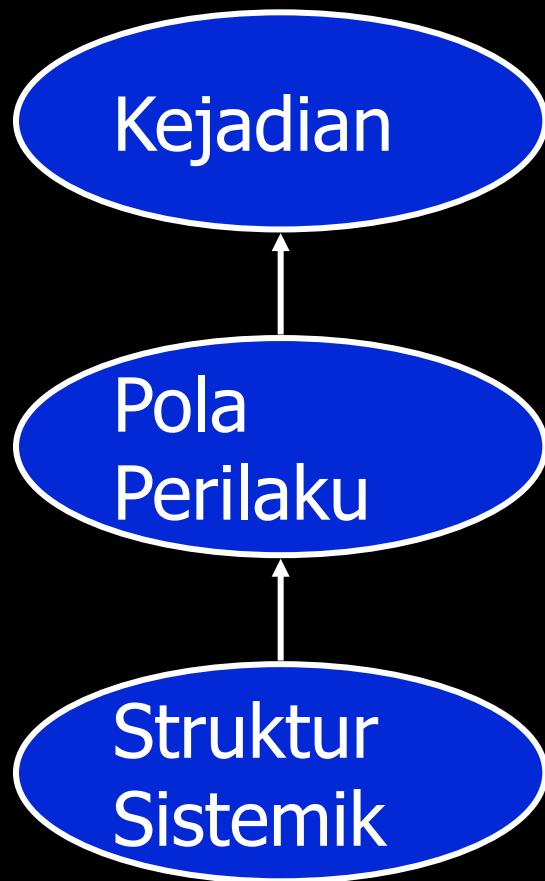
# Perkelahian Anak Sekolah



Apa kejadiannya? – siapa berkelahi? Dengan siapa?

Bagaimana polanya? – Dalam 1 tahun terakhir berapa kali terjadi?, umumnya terjadi kapan? Bagaimana prosesnya

Apa struktur sistemik yang melatar belakanginya? – Mengapa sekarang mereka mudah berkelahi? Perubahan struktur demografi, sosial, ekonomi apakah yang menyebabkannya?



Deskripsikan masalahnya (cerita)

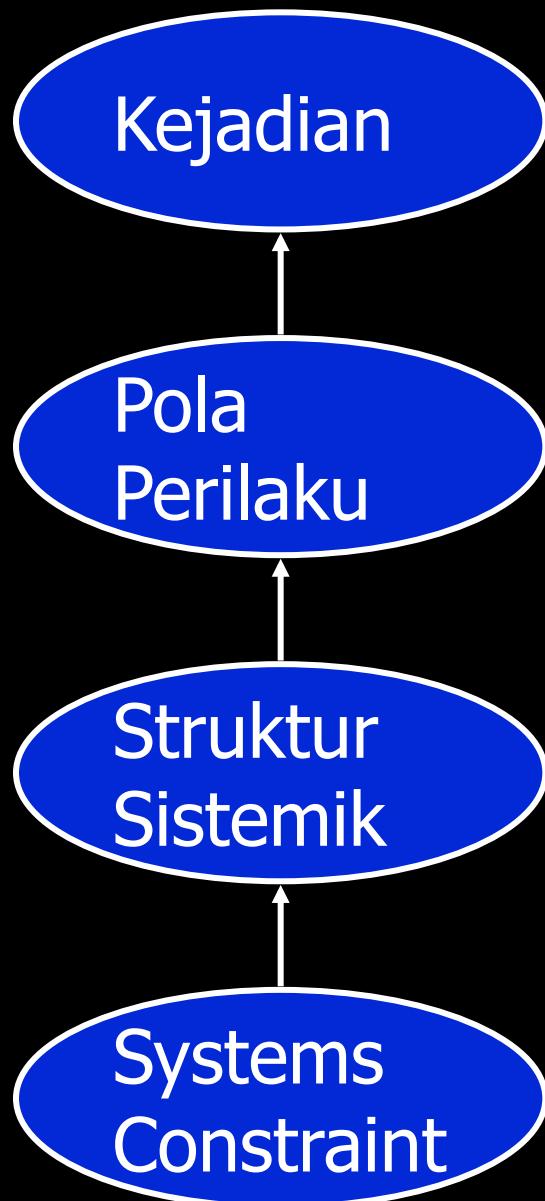
- Kenali variabel yang berperan

Lihat polanya

- Ambil 4-5 variabel utama
- Lihat dalam waktu yang panjang
- Adanya penguatan, keseimbangan, penundaan

Cari archetypenya

- Pola dasar mana yang paling cocok untuk masalahnya

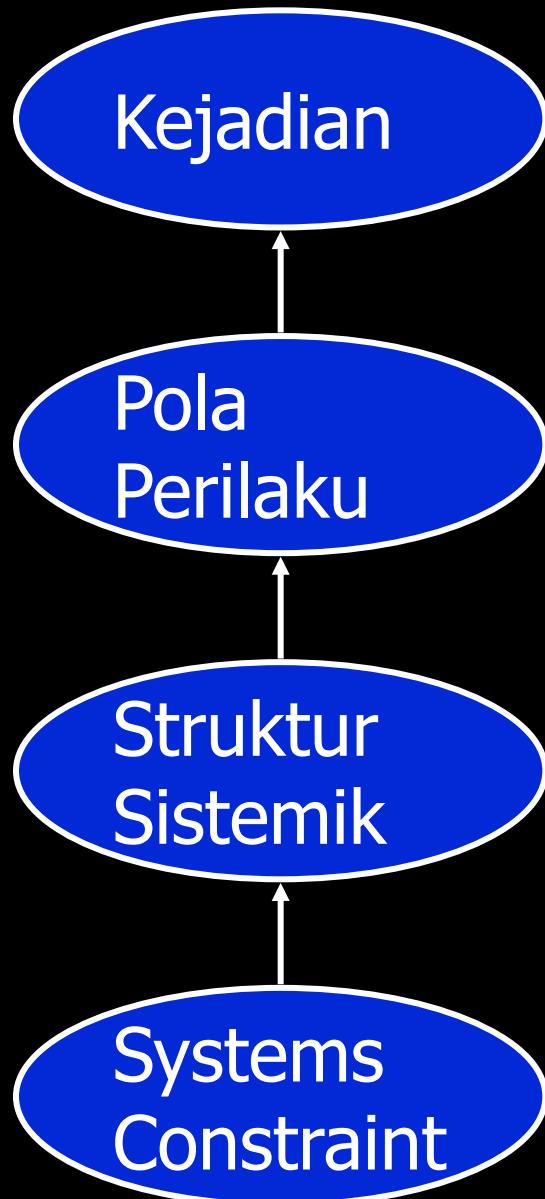


**Reaktif** – perilaku: Siapa demo?  
Tangkap dan adili sesuai hukum

**Responsif** – brp kali demo tahun ini? Siapa saja, kapan saja, dimana saja?

**Struktur** – sub sistem mana saja yang terlibat, bagaimana rangkaian interaksinya

**Generatif** – apa nilai2 yang mereka perjuangkan? Apa paradigm yang mereka pakai/ apa akar masalahnya?



**Reaktif** – siapa diare? Beri terapi yang sesuai: infus,

**Responsif** – brp kali diare tahun ini? Siapa saja, kapan saja, dimana saja?

**Struktur** – sub sistem mana saja yang menyebabkan diare, bagaimana rangkaian interaksinya

**Generatif** – mengapa terus menerus diare? Apa paradigm yang mereka pakai/ apa akar masalahnya?

# Refleksi

- ❑ No institution can possibly survive if it needs geniuses or supermen to manage it. It must be organized in such a way as to be able to get along under a leadership composed of average human beings.
- ❑ – Peter Drucker

# Melihat bawah gunung es



# Leverage

- ❑ To find the leverage point to change the system, you need to have a true/complete understanding of the system.
- ❑ The leverage point will be in the balancing loop (that promotes stability) not in the reinforcing loop (that promotes change).

# Leverage The Mental Models

- ❑ Often the best leverage points are the *mental models supporting the status quo* in the social system;
- ❑ Changing the mental models requires non-material resources.

# The last Law

- ▣ There is NO blame !
- “Systems thinking shows us that *there is no outside*; you and the cause of your problems are part of a single system.”
- Peter Senge, The Fifth Discipline, p. 67

**STRUCTURE**

*Influences*

**BEHAVIOR**