



# Koagulasi Intravaskular Diseminata

*Disseminated Intravascular Coagulation (DIC)*

MODUL HEMATOLOGI-ONKOLOGI

**Narator**

dr. Fikri Ichsan Wiguna

**Narasumber**

Dr. dr. Ikhwan Rinaldi, Sp.PD-KHOM, M. Epid

# Tujuan Pembelajaran

- Mahasiswa mampu menjelaskan pengertian dan perjalanan penyakit koagulasi intravaskular diseminata
- Mahasiswa mampu mengenali manifestasi klinis penyakit koagulasi intravaskular diseminata dan menjelaskan pemeriksaan penunjang yang diperlukan untuk menegakkan diagnosis
- Mahasiswa mampu menjelaskan tata laksana penyakit koagulasi intravaskular diseminata

# Daftar Isi

□ Definisi

□ Etiologi

□ Fisiologi – Patofisiologi

□ Manifestasi Klinis

□ Diagnosis

□ Tata Laksana

# DEFINISI

# Definisi

Sindrom **didapat** yang ditandai dengan teraktivasinya **sistem koagulasi intravaskular** yang tersebar dan disebabkan oleh berbagai kemungkinan penyebab

Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1-16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

# ETIOLOGI

# Etiologi

Berdasarkan etiologi:

- Sepsis / infeksi (30-51%)
- Trauma / pembedahan (45%)
- Komplikasi obstetrik (0,03%)
- Keganasan, destruksi organ

Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1-16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

# Etiologi

**Table I.** Conditions associated with DIC.

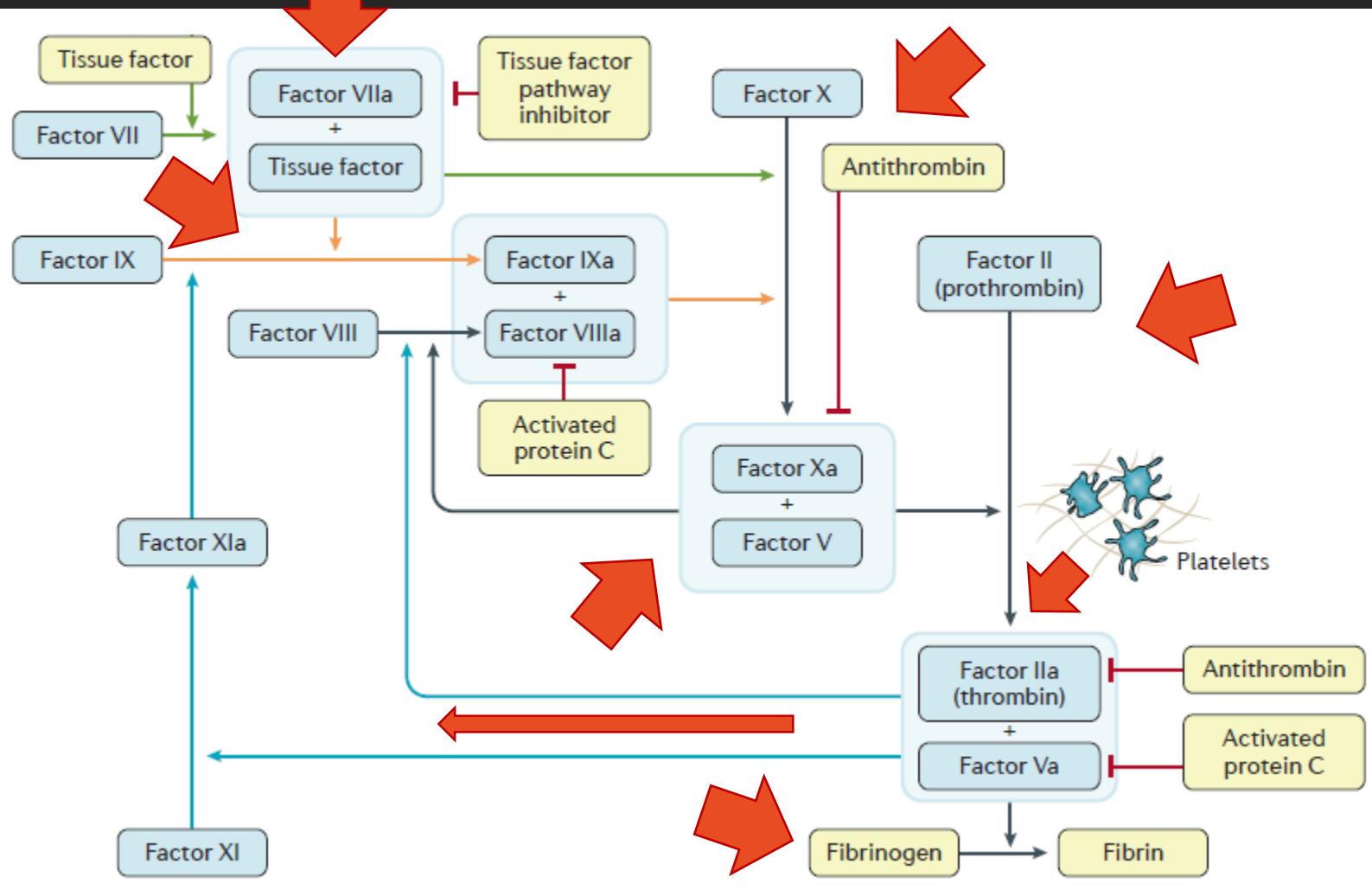
- Sepsis and severe infection
- Trauma
- Organ destruction e.g pancreatitis
- Malignancy
  - Solid tumours
  - Leukaemia
- Obstetric
  - Amniotic fluid embolism
  - Placental abruption
  - Pre-eclampsia
- Vascular abnormalities
  - Large haemangioma
  - Vascular aneurysm
- Severe liver failure
- Toxic and immunological insults
- Snake bites
- Recreational drugs
- ABO transfusion incompatibility
- Transplant rejection

Sumber:

2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24-33.

# FISIOLOGI - PATOFISIOLOGI

# Fisiologi Proses Koagulasi



Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1–16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

# Patofisiologi KID

## Aktivasi koagulasi

## Gangguan sistem regulasi (antikoagulan)

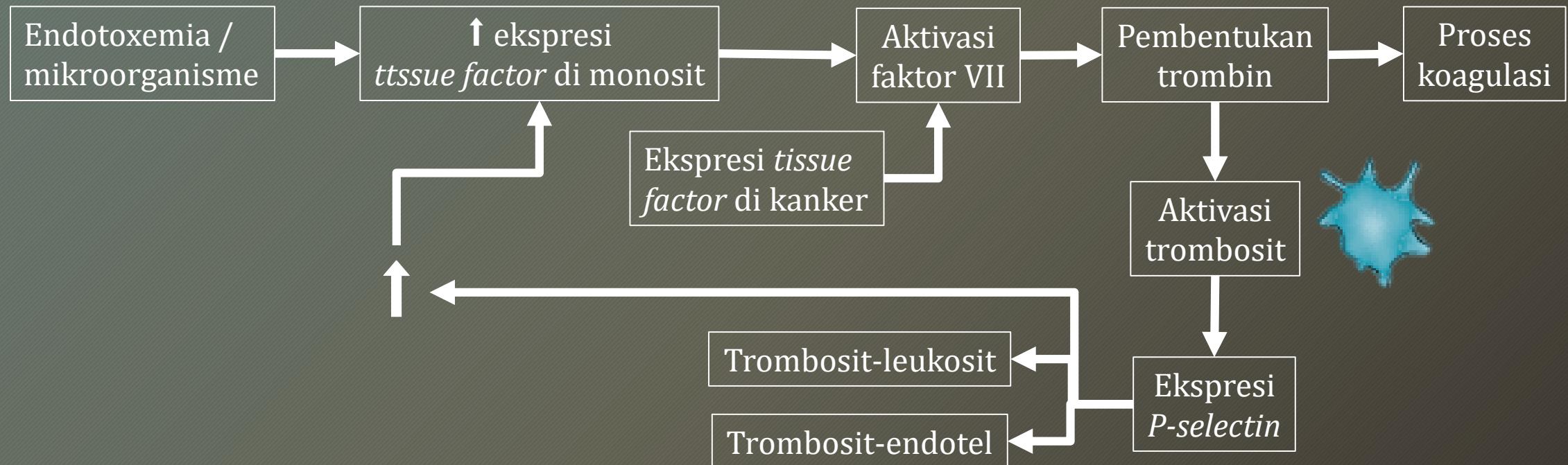
- Antitrombin
- *Activated Protein C* (APC)
- *Tissue-factor Pathway Inhibitor* (TFPI)

## Hubungan koagulasi-inflamasi

Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1-16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

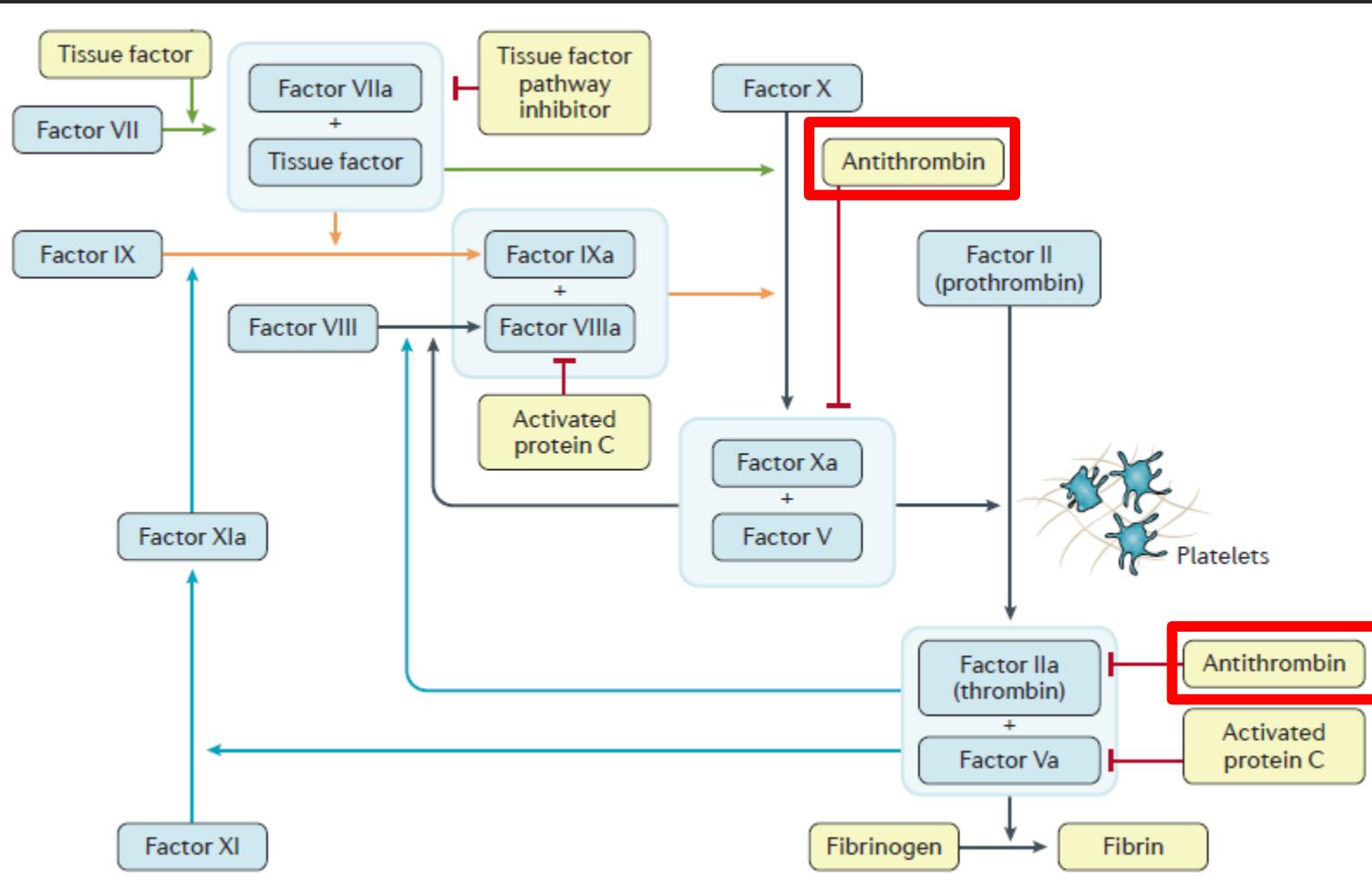
# Patofisiologi KID – Aktivasi Koagulasi



Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1–16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

# Patofisiologi KID – Gangguan Regulasi



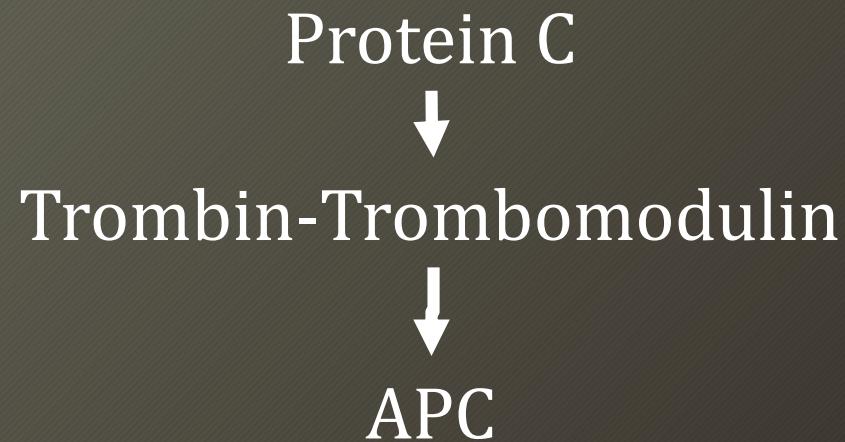
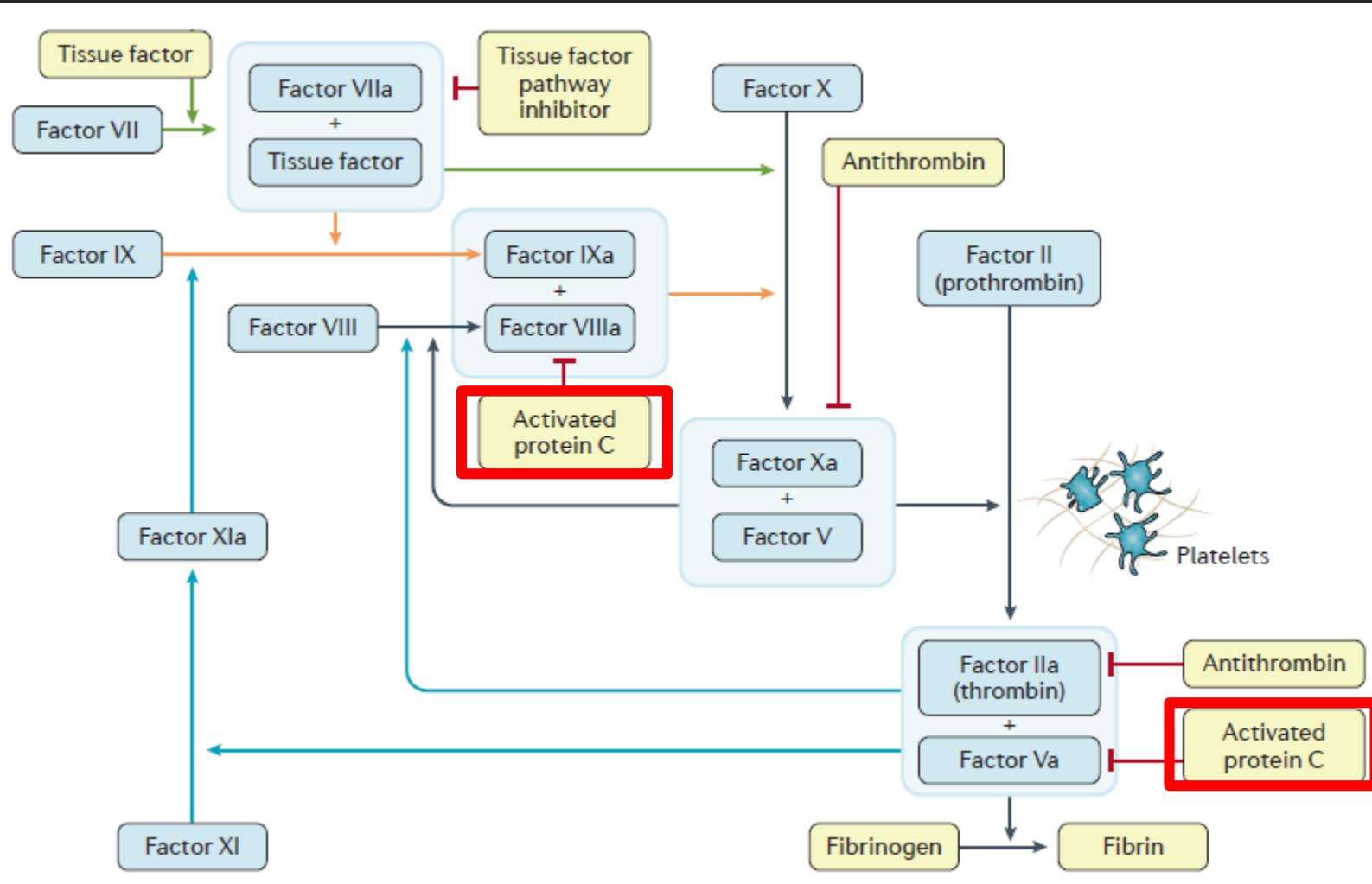
Defisiensi karena:

- ↓ sintesis protein
- ↑ *clearance*
- Kebocoran ekstravaskular

Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1–16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

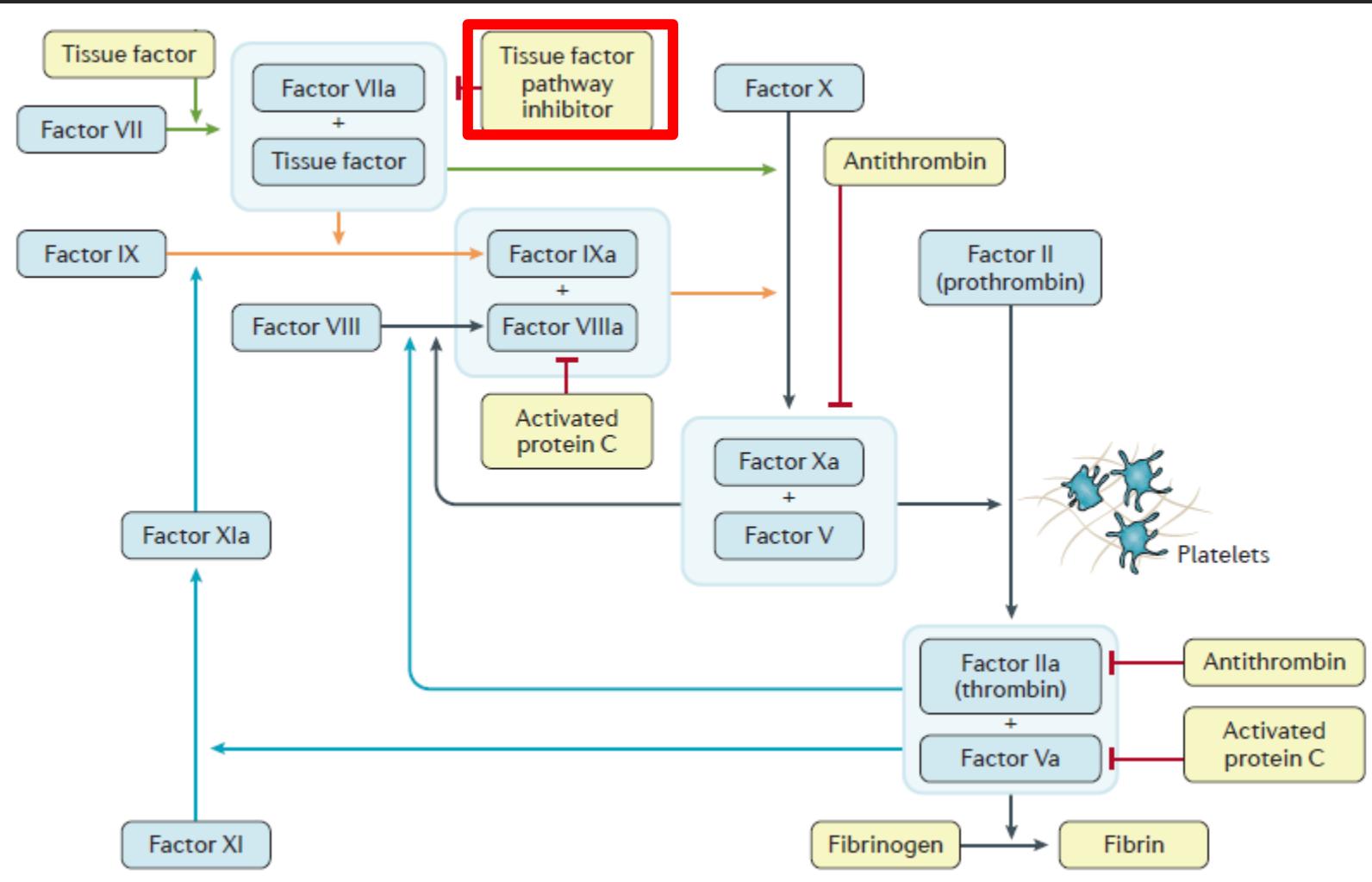
# Patofisiologi KID – Gangguan Regulasi



Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1–16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

# Patofisiologi KID – Gangguan Regulasi



Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1–16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>

# Patofisiologi Inflamasi dan Koagulasi

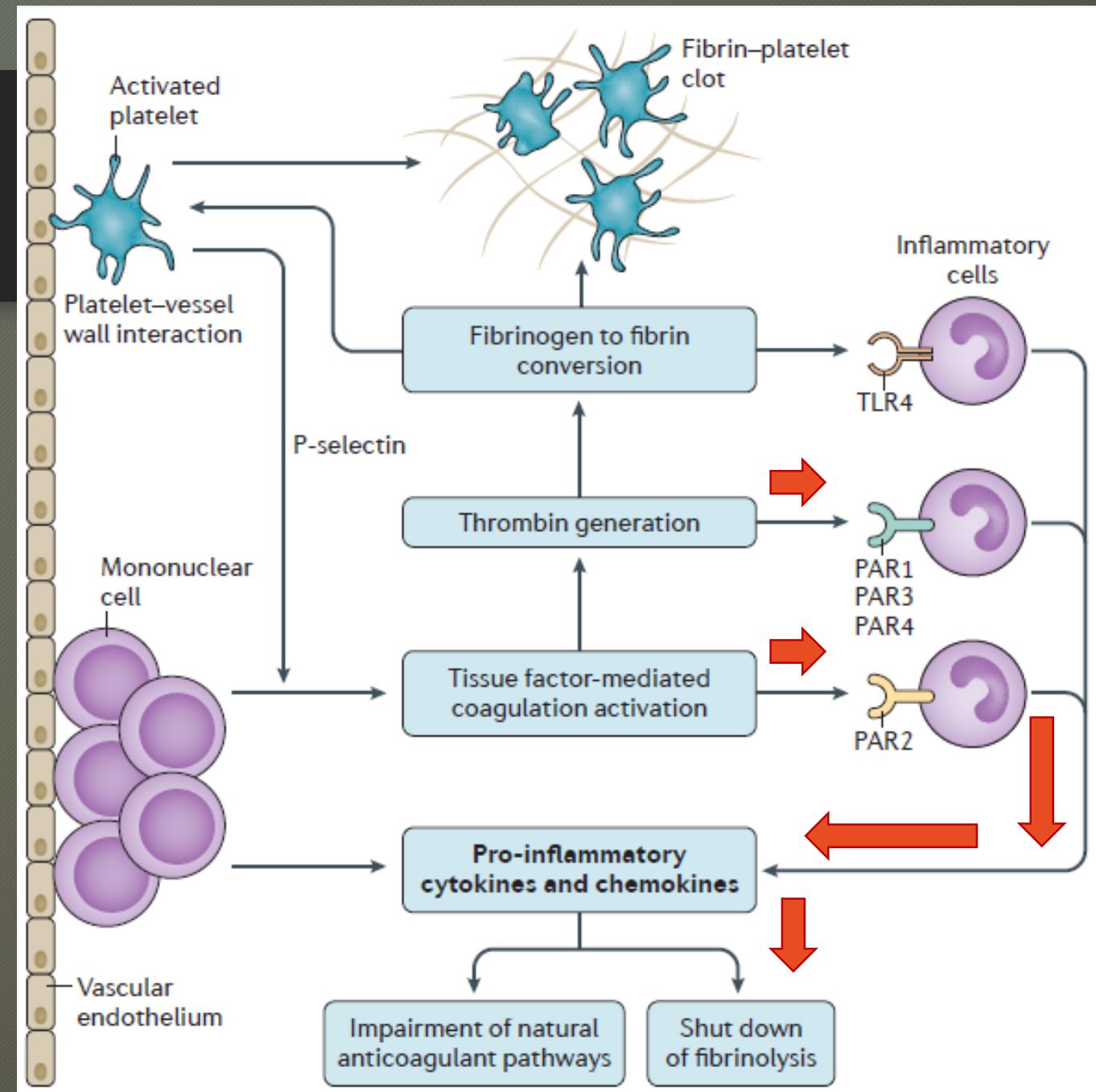
Inflamasi  
IL6



Koagulasi  
Trombin, Xa,  
VIIa

Sumber:

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. Nature [Internet]. 2016;2:1-16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>



# MANIFESTASI KLINIS

# Manifestasi Klinis

## Perdarahan

- Perdarahan kulit dan mukosa yang luas
- Perdarahan akibat tindakan medis

## Trombosis

- Purpura fulminan
- Akrosianosis perifer

## Disfungsi organ

- Perubahan penanda serum dari liver, ginjal, jantung
- Ikterus
- Abnormalitas sistem saraf pusat

Sumber:

3. Suharti C. Koagulasi intravaskular diseminata. In:  
Buku Ajar Ilmu Penyakit  
Dalam. 6th ed. Jakarta: Interna  
Publishing; 2014. p. 2789–95.

# DIAGNOSIS

# Diagnosis

Klinis

Laboratoris

Sumber:

2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24–33.

# Diagnosis

## Laboratoris

Jumlah trombosit

Menurun

*Prothrombin Time (PT)* dan *activated Partial Prothrombin Time (aPTT)*

Meningkat

D-Dimer

Meningkat

Fibrinogen

Menurun

Sumber:

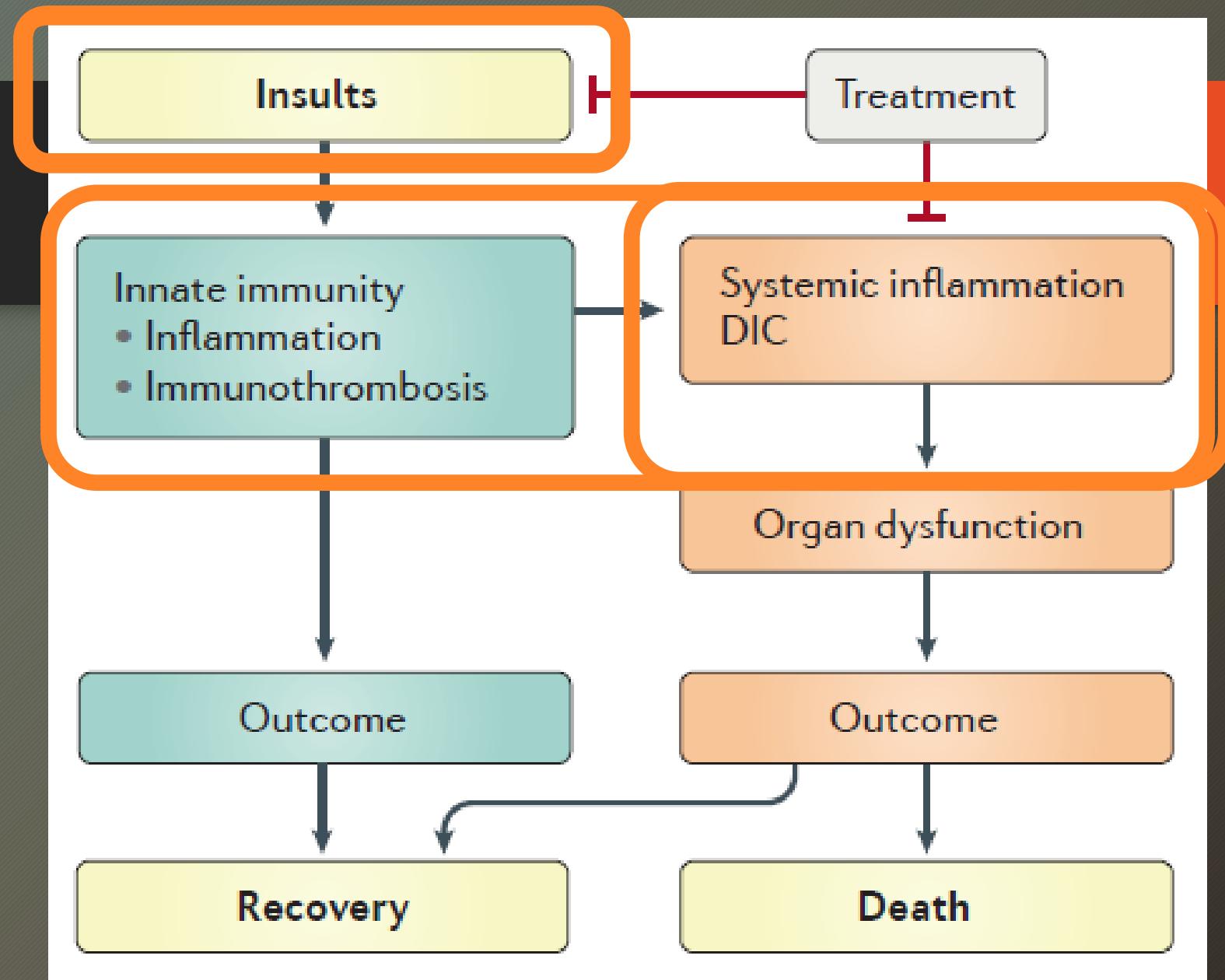
2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24–33.

# TATA LAKSANA

# Tata Laksana

Terkontrol

Tidak  
Terkontrol



Sumber:

2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24–33.

# Tata Laksana - Suportif

- Trombosit
  - Indikasi:
    - Perdarahan aktif
    - Berisiko mengalami perdarahan
  - Nilai ambang terindikasi:
    - $<50 \times 10^9/L \rightarrow$  Perdarahan
    - $10-20 \times 10^9/L \rightarrow$  Tidak ada perdarahan
- Plasma
  - Indikasi:
    - Perdarahan
    - Pemanjangan nilai PT dan aPTT
  - Sediaan
    - *Fresh Frozen Plasma*

Sumber:

2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24-33.

# Tata Laksana - Suportif

Sumber:

2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24-33.

# Tata Laksana - Suportif

- Antifibrinolitik
  - Tidak digunakan pada KID

Sumber:

2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. Br J Haematol. 2009;145(1):24–33.

# Kesimpulan

Koagulasi intravaskular diseminata atau KID merupakan penyakit yang umumnya menjadi komplikasi dari penyakit lain. Manajemen untuk KID pun tidak lepas dari manajemen penyakit yang melatarbelakanginya

# Daftar Pustaka

1. Gando S, Levi M, Toh C-H. Disseminated intravascular coagulation. *Nature [Internet]*. 2016;2:1–16. Available from: <http://dx.doi.org/10.1038/nrdp.2016.37>
2. Levi M, Toh CH, Thachil J, Watson HG. Guidelines for the diagnosis and management of disseminated intravascular coagulation. *Br J Haematol.* 2009;145(1):24–33.
3. Suharti C. Koagulasi intravaskular diseminata. In: Buku Ajar Ilmu Penyakit Dalam. 6th ed. Jakarta: Interna Publishing; 2014. p. 2789–95.

# Terima Kasih

Jangan lupa untuk mengerjakan soal latihan ya!